### WISCONSIN

# Office of Privacy Protection

Safeguarding Information for Your Future

## Medical identity theft

Medical identity theft is a real and serious problem; a problem that can actually kill. According to a recent report by the Ponemon Institute, a company that conducts independent research on privacy, data protection and information security protection, in 2014, 2.32 million Americans were victims to this crime. Because medical identity theft can result in serious harm, all consumers need to be aware of what it is and how to protect themselves.

#### What is medical identity theft?

Medical identity theft occurs when someone uses another person's personal information (name, birth date, insurance information, etc.) to obtain medical goods or services or uses the victim's information to make fraudulent claims for medical goods or services.

#### Why does medical identity theft happen?

When an identity thief steals a person's credit card or bank account information, it is easy to understand why: the thief wants money or things that money can buy. These same reasons also apply to medical identity theft. Sometimes, medical ID thieves want to obtain medical services but do not have the means to pay for them so they find someone else's insurance information and pretend to be him or her. In other cases, the medical identity thief wants money and by pretending to be someone else, he can alter patient records and submit false claims to medical insurers for payment, or obtain prescription drugs that could be sold.

#### ■ Who commits medical identity theft?

It depends upon the reason the crime is being committed. Persons who need or want medical treatment or prescription drugs that they cannot afford or do not want to pay for will commit medical ID theft in order to get the treatment or drugs. When money is the objective, medical ID theft is often committed by organized crime. Since altering patient records is typically a key component of medical identity theft, it is often committed by or with the assistance of a medical insider, such as a doctor, nurse, billing and insurance clerk or others who have access to patient records.

#### What harm does medical identity theft cause?

• Financial Harm – Like other forms of identity theft, medical identity theft can cause significant financial harm to its victims. Given the high cost of medical goods and services, an operation performed on one person pretending to be another person can easily cost tens of thousands of dollars. According to The World Privacy Forum Report, a Colorado man whose social security number was stolen was billed \$44,000 for surgery he never had. Since the victim did not have insurance, he had to go through a lengthy process to clear his name and credit – a process that has taken more than two years!

Even if we are not the direct victim of medical identity theft, we all pay for it in higher medical insurance premiums or higher health care costs. How much is that cost? The 2014 Ponemon Institute study

estimated that for those medical ID theft victims that had an out-of-pocket loss, it averaged \$13,453 per victim; the economic impact was \$20.2 **billion**.

- Human Harm The human harm caused by medical identity theft can literally be death or other serious medical harm. Since medical ID thieves frequently change patient medical information to perpetrate their crime, the false information may unwittingly be used by the victim's physician resulting in an erroneous diagnosis or incorrect course of treatment. Medical ID theft can also result in being denied health insurance or employment or being advised that you have reached your maximum insurance cap and there is no longer coverage for any future medical goods or services.
- Can consumers correct their medical records in the event of medical identity theft?

  Since falsification of medical records is so often at the heart of medical identity theft, full recovery for the medical ID theft victim should include correction of his or her medical record. The federal Health Insurance Portability and Accountability Act (HIPPA) does provide a limited right for patients to seek amendment of their medical records to correct false information. If you think the information in your medical or billing record is incorrect, you can request that the health care provider or plan amend the record. The provider must respond to your request. If it created the information, it must amend the information if it is inaccurate or incomplete. If the provider or plan does not agree to your request, you have the right to submit a statement of disagreement that the provider or plan must add to your record.

#### What can consumers do about medical identity theft?

Request a listing of all payments your medical insurer made each year. If you find payments that do not make sense, check them out with your medical provider. If you do not have medical insurance, check your bills for any strange charges.

Obtain a copy of your medical records and review them carefully to make sure you actually received the services listed and that the information about you is accurate. Before getting a copy of your medical records, check with your medical provider about the cost. Unfortunately, it can be pricey.

Request an accounting of all persons to whom your medical provider disclosed any information about you. HIPPA requires health care providers to give you an accounting which includes what information was disclosed, to whom it was disclosed, when it was disclosed and why. The accounting need not include disclosures made for purposes of treatment, payment or some other purposes, so its usefulness is somewhat limited, but it could provide valuable information if you suspect you are the victim of medical identity theft.

If you find incorrect information in your record, work to get it corrected. Write each provider and dispute the incorrect items. While this can be a difficult process, it is certainly worth the effort. Remember that even though you correct your medical record held by your health care provider, your insurer and others, like laboratories, may also have the same erroneous information and you need to correct those, too.

#### ■ Where can I find additional information about medical identity theft?

If you are interested in learning more about medical identity theft or suspect you are the victim of medical identity theft, the following resources can be helpful in addition to the Office of Privacy Protection:

Federal Trade Commission www.consumer.ftc.gov

World Privacy Forum www.worldprivacyforum.org

Who can I contact if I suspect I am a victim of Medicare/Medicaid fraud? In addition to the Office of Privacy Protection contact the:

Office of Inspector General
US Dept. of Health & Human Services
Attn: Hotline
PO Box 23489
Washington DC 20026

Toll-free: (800) HHS-TIPS (800) 447-8477

Online: oig.hhs.gov/report-fraud

For more information or to file a complaint, visit our website or contact the Office of Privacy Protection.

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